

CURRICULUM VITAE

(Updated 2024.10)

KHUONG LE - MPH, AFHEA

ORCID

Khuong Le is a lecturer-researcher at the Faculty of Psychology, University of Social Sciences and Humanities - Vietnam National University. He received his MSc and then is pursuing in International Health from National Yang Ming Chiao Tung University, Taiwan.

Passionate about furthering a career improving mental health literacy, prevention, and promotion, particularly in education and healthcare, and supporting vulnerable populations by improving care through community support at a systemic level. Experience working in hospitals, mental clinics, and schools, and research work at renowned institutes to produce publications in peer-reviewed journals.

AFFILIATIONS

- Psychology Faculty, University of Social Sciences and Humanities, Vietnam National University Ho Chi Minh City, Vietnam. Email address: khuongle@hcmussh.edu.vn
- International Health Program, College of Medicine, National Yang Ming Chiao Tung University, Taiwan. Email address: khuongle.md12@nycu.edu.tw

PROFESSIONAL NETWORKS

- ResearchGate: <https://www.researchgate.net/profile/Khuong-Le-6>
- ORCID: <https://orcid.org/0000-0001-9844-5814>
- LinkedIn: www.linkedin.com/in/lekhuong26

CERTIFICATES

- 2024 Sep: Research and Project Coordination in Global Health, John Hopkins University, Bloomberg School of Public Health, USA
- 2024 May: Associate Fellow (AFHEA) - Professional Standards Framework for higher education teaching and learning support, Reference: PR287365, UK
- 2024 May: Key Essentials - The UN Convention on the Rights of the Child, Sustainable Development and the Law, University of Cambridge, UK

PROFESSIONAL INFORMATION

Lecturer, Researcher & International Collaboration Manager

Faculty of Psychology, University of Social Sciences and Humanities (USSH)

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Scientific Advisor for Social Sciences - High School for The Gifted, VNUHCM

Guide and support early-career research students through training and mentorship, assist in designing and conducting high-standard, ethically sound social science research, and promote interdisciplinary collaboration for enhanced project outcomes.

Address: 151 Nguyen Chi Thanh, Ho Chi Minh City 72516

Website: <https://www.facebook.com/ptnk.piise> ; <https://ptnk.edu.vn/>

Clinical Supervisor – PsyCancer Talk

PsyCancer Talk, a social enterprise registered in 2024, aims to raise awareness and provide mental health care for the cancer-affected community through psychological support and knowledge sharing.

Website: <https://psycancertalk.com/ve-chung-toiii/>; Email: psycancertalk@gmail.com

RESEARCH INTEREST

Mental health literacy/prevention, Children and adolescent mental health, Negative early life events

ACADEMIC DEGREES

- 2023 – 2026: PhD. Public Health (Social and Mental major), College of Medicine, National Yang Ming Chiao Tung University, Taiwan (advisor: Li-Yin Chien, PhD)
- 2020 – 2022: MSc. International Health Program (Social and Mental major), College of Medicine, National Yang Ming Chiao Tung University, Taiwan (advisor: Chuan-Yu Chen, PhD)
- 2015 – 2019: BA. English Linguistics and Literature, Vietnam National University, HCMC
- 2011 – 2015: BA. Psychology, Vietnam National University, Ho Chi Minh City, HCMC

PROFESSIONAL EXPERIENCES

2024 – present: Scientific Advisor for Social Sciences - High School for The Gifted, VNUHCM

2022 – present: Lecturer, Research, International Collaboration Manager, University of Social Sciences & Humanities, Vietnam National University - Ho Chi Minh City (USSHVNU-HCMC)

2022 – present: Professional Training Manager and Assistant to Director of Applied Psychology Research Group, Center of Psychological Application and Research, USSHVNU-HCMC
<https://hcmussh.edu.vn/tamlyhoc/en/cbsr>

2022 – present: Mental Health Counselor and Professional Trainer, Saigon Psychub

2022 – present: Lecturer in USSH-HCMC, Hoa Sen University, Van Lang University, Ton Duc Thang, University of Economics and Finance, University of Economics and Law

2022 – present: Global Collaborator at Global Burden of Disease, Institute of Health Metrics and Evaluation, University of Washington

2022 – 2023: School Psychology Counselor, Vinschool Education Group

2022 – 2023: Healthcare Data Analyst, Atrac, Inc.

2021 – 2022: Teaching Assistant in Global Mental Health, National Yang Ming Chiao Tung University

2020 – 2022: Research and Development Specialist, Song An Career Development Social Enterprise

2015 – 2020: Counselor and Research & Development Specialist, Mental Health Case Manager and Counselor, Vietnam Insight Mental Clinic

PROFESSIONAL AFFILIATION

2021 - now: American Psychological Association (APA) membership, ID: C2001282008

2021 - now: University of Michigan Injury Prevention Center membership

2021 - now: Asia Pacific Career Development Association (APCDA) membership, ID: 61595846

RESEARCH PARTICIPATION

1. Suwanwong, C., Jansem, A., Intarakamhang, U., Pitchada Prasittichok, Sudarat Tuntivivat, Krittipat Chuenphittayavut, **Khuong Le** & Le Thi Mai Lien (2024). Modifiable predictors of mental health literacy in the educational context: a systematic review and meta-analysis. *BMC Psychol* **12**, 378. <https://doi.org/10.1186/s40359-024-01878-4>
2. McCowan, C., McIlveen, P., McLennan, B., Ho, P., **Lê, D. A. K.**, & Tran, N. D. (2024). Career education and development scale for secondary and tertiary students in Vietnam. *The Career Development Quarterly*. <https://doi.org/10.1002/cdq.12347>
3. Ng, S. M., Malene, I. V., Nguyen, T. **K.**, **Le, K.**, Lim, Y. X. L., Lek, N., ... & Ficherouille, A. C. (2023). Internet analytics of an innovative digital educational resource of type 1 diabetes HelloType1 in local languages for people living with diabetes families and healthcare professionals in Southeast Asia. *BMC Endocrine Disorders*, 23(1), 1-7. DOI: [10.1186/s12902-023-01501-4](https://doi.org/10.1186/s12902-023-01501-4)
4. Tran, M. A. Q., Khoury, B., Chau, N. N. T., Van Pham, M., Dang, A. T. N., Ngo, T. V., ... & **Le Dao, A. K.** (2024). The role of self-compassion on psychological well-being and life satisfaction of Vietnamese undergraduate students during the COVID-19 pandemic: Hope as a mediator. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 42(1), 35-53. DOI: [10.1007/s10942-022-00487-7](https://doi.org/10.1007/s10942-022-00487-7)
5. **Khuong Le**, Tram Nguyen (2022). *Telemental Health in Vietnam: A Rapid Review of The Framework and Recommendations*. Construction Publishing House, Viet Nam - ISBN: 978-604-82-6329-4
6. **Khuong Le** (2021). *Get Prepared Career Readiness – Recommendations for Vietnamese high school and tertiary students*, International Labor Organization (Vietnam)
7. **Khuong Le** (2021). *Youth Mental Health First Aid (YMHFA): A Literature Review and Public Mental Health Recommendation for Vietnamese Students*, Conference identification, assessment & intervention for children with specific learning disorders in school contexts, Vietnam National University, 2-3/11/2021
8. Luan NH, **Khuong Le**, et al. (2014). Anxiety disorder and the psychological needs of cancer patients in Ho Chi Minh City, *Vietnam National University Journal*

RESEARCH TO BE PUBLISHED

No	Title	Collaborated with	Role	Submitted by	Journal (reviewing)
1	Population attributable risk of substance abuse on suicide in the international context. A Global Burden of Disease Study.	Global Burden of Disease, Institute of Health Metrics and Evaluation, University of Washington	Co-author	June 2023	Epidemiology and Psychiatric Sciences
2	Causal Models of Mental Health Literacy and Helping Behavior towards People at Risk of Depression among Thai and Vietnamese Medical Students	Anchalee Jansem, Ungsinun Intarakamhang , Charin Suwanwong, Krittipat Chuenphitthayavut, Sudarat Tuntivivat, Khuong Le , Le Thi Mai Lien, Pitchada Prasittichok	Co-author	December 2023	BMC Psychology
3	Impact of Mental Health Literacy on Helping Behaviors of Undergraduates: The Role of Perceived Financial Status and Social Support	Khuong Le , Thi Mai Lien Le, Anchalee Jansem, Ungsinun Intarakamhang, Sudarat Tuntivivat, Xuan Bach Vu, Hoang Nhu Ngoc Nguyen, Le Bao Chau Nguyen, and Tho Quoc Long Pham	First author	February 2024	The Journal of Behavioral Science
4	Development and Validation of the Sustainable Livelihoods Scale in the Workplace	Khuong Le , Tuan Anh Le, My Tran	First author	August 2024	International Perspectives in Psychology: Research, Practice, Consultation

CONFERENCE PARTICIPATION AND PRESENTATION

1. 2024 Oct: **Khuong Le**, 2024 Taiwan Public Health Joint Annual Conference, Topic: Strengthening Public Health Care Net ∞ Eliminating Health Inequalities, Oral presentation: “Suicide Prevention e-training among Secondary School Teachers: A missing piece in Vietnam educational system”
2. 2024 Feb: **Khuong Le**, Exchange forum of "Educational Administration Exchange Forum", Facilitator: Dr. Phattharamanat Srirakul - Chiang Mai University, with the "Student Mental Health in Vietnam: Major Issues and Recommendation".

3. 2023 Aug: **Khuong Le**, ICUDDR Conference 2023 Addiction Science, Policy and Education: Growth and progress in a post pandemic world, Co-Facilitators: Mahidol University and Chiang Mai University, with the presentation “Vietnam lacking a specific substance use literacy training for secondary teachers” [[Link](#)]
4. 2023 Jul: **Khuong Le**, 20th International Postgraduate Research Colloquium Srinakharinwirot University, Thailand with workshop: Negative Early Life Events and Life-course Theories approach
5. 2022 Sep: **Khuong Le**, SEAOHUN 2022 International Conference “Catalyzing One Health Citizens of the Future” in Bangkok, Thailand, with the poster presentation “Negative early life event and psychological problems during COVID-19 in Vietnam” [[Link](#)]
6. 2022 Sep: **Khuong Le**, Tram Nguyen. The role of psychological factors in early life on young adult mental health during the COVID-19 in Vietnam. Mental Health Conference I " COVID-19 pandemic: Problems with mental health care"
7. 2022 Oct: Sze May Ng, Malene IV, Thy Khue Nguyen, **Khuong Le**, et al. (2022), Developing a digital Southeast Asia Type 1 Diabetes healthcare educational platform in local languages for healthcare professionals, families, and people living with diabetes, 48th Annual ISPAD Conference in Abu Dhabi, UAE
8. 2021 Nov: Kien NT, **Khuong Le**, et al. (2022). Identity, place-making, and COVID-19 pandemic: How Vietnamese students reconfigure place in crisis? Alfred Deakin Institute International Conference

COMMUNITY PROJECT

1. **Jul 2024 – Jul 2025: Project manager and Professional supervisor**, Enhancing Cancer Literacy and Mental Support for Undergraduates (In collaboration with Vietnam National University and PsyCancer Talk project)
Preliminary results: While collaborating with the University of Social Sciences and Humanities, VNUHCM, we aim to promote the program to ~1,200 students.
2. **Sep 2024 – Sep 2025: Project manager and Professional supervisor**, Improving Stress Management and Supporting Colleagues with Stress for High School Teachers (In collaboration with Vietnam National University)
Preliminary results: While working with the Inspire Schools, Vietnam, we aim to promote the program to ~200 teachers and ~500 students.
3. **Sep 2023 – Sep 2025: Project manager and Professional supervisor**, Enhancing Psychological First Aid among secondary and high school students (In collaboration with Vietnam National University)
Preliminary results: While working with the High School for The Gifted, VNUHCM, we aim to promote the program to ~500 students.
4. **Sep 2022 – Sep 2023: Project manager and Professional supervisor**, Exploring Health Literacy among Secondary School Teachers in Vietnam: Assessing the Need for Suicide Prevention (In collaboration with REACH microgrant www.reach.edu.vn/speft.html)
Remarkable results: Over 1,500 teachers and school staff participated in and completed the e-program, benefiting ~45,000 students.

5. **Jul 2022 – Mar 2023: Project manager**, Substance use health literacy for teachers working with young age (in collaboration with 2022 YSEALI Mental Wellness for Reduction Narcotics Use Regional Workshop at Rangoon, Myanmar)

Remarkable results: Thirty teachers and staff participated in and completed the program, benefiting ~1,500 students in a regular education center for disadvantaged students.

HONORS & AWARDS

1. **2023 MOE Elite scholarship for Doctoral students**, Issued by Ministry of Education, Taiwan
2. **2023 ICUDDR International Conference Grant for Oral Presentation**, Title: Vietnam Lacking Substance Use Literacy Training for Teachers
3. **2022 UNLEASH Global Talent grant**, UNLEASH Innovation Lab working in SDG3: Good Health and Wellbeing, India
4. **2022 SEAMH Paper Prize Winners**, Issued by SEA Mental health conference - Adversity and Resilience, USA
5. **2022 REACH microgrant - Project Award and Funding**, Issued by REACH - Research Advancement Consortium in Health, USAID Project, USA
6. **2022 NYCU Annual Thesis Competition - Excellent Award**, Issued by National Yang Ming Chiao Tung University, Taiwan
7. **2022 YSEALI Generation Regional Workshop - Project Award and Funding**, Issued by YSEALI Mental Wellness for Reduction Narcotics Use Regional Workshop, USA
8. **2020 Outstanding Scholarship of the School of Medicine**, Issued by National Yang Ming University, Taipei

REFEREES

1. Li-Yin Chien, PhD – Dean of College of Nursing, National Yang Ming Chiao Tung University, Taiwan; Email: lychien@nycu.edu.tw
2. Le Thi Mai Lien, PhD – Dean of Psychology faculty, University of Social Sciences and Humanities, VNU-HCMC; Email: mailien.lethi@hcmussh.edu.vn
3. Ngo Xuan Diep, PhD – Chief of Psychology of Religion Department - Psychology faculty, University of Social Sciences and Humanities, VNU-HCMC; Email: diepngo@hcmussh.edu.vn