

Curriculum Vitae

Khoi Nguyen Anh Le

PERSONAL INFORMATION

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EDUCATION

Ph.D., Marriage and Family Therapy (MFT) May 2025

Syracuse University (SU), USA. Faculty Advisor: Dr. Nicholas Newstrom

Dissertation: *The Association between Dyadic Stress and Relationship Quality among Couples in Vietnam: The Mediation Role of Compassion*

Committee: Qiu Wang, Ph.D., Nicholas Newstrom, Ph.D., LMFT, Ambika Krishnakumar, Ph.D., Eman Tadros, Ph.D., LMFT

M.A., Marriage and Family Therapy May 2021

SU, USA. Faculty Advisor: Dr. Rashmi Gangamma

Thesis: *The Association between Experiences of Relational Injustice and Psychological Distress in Individuals with Marginalized Sexual Orientation and Gender Identities*

Committee: Deborah Coolhart, Ph.D., LMFT, Rashmi Gangamma, Ph.D., LMFT, Linda Stone Fish, Ph.D., LMFT, Dyane Watson, Ph.D., LMFT

Postgraduate Certificate, Systemic Psychotherapy and Family Therapy 2014–2017

Université Catholique de Louvain (Belgium), Vietnam

M.A., Clinical and Medical Psychology 2014

Ecole de Psychologues Practiciens (France), Vietnam. Faculty Advisor: Dr. Georges Cognet

Thesis: *Using Sandtray to Assess Psychological Issues among Orphans: Two Case Studies*

Committee: Véronique De Thuy-Croize, Ph.D., Nguyen Le Binh, M.D., Georges Cognet, Ph.D., Nguyen Thi Dieu Anh, M.A.

B.A., Counseling and Psychotherapy 2012

Van Hien University, Vietnam. Faculty Advisor: Dr. Tien Minh Nguyen

Thesis: *Psychological Supports for Coming Out to Family: A Case Study with One Cisgender Gay Man*

PROFESSIONAL EXPERIENCE

Lecturer. University of Social Sciences and Humanities-Vietnam National University-Ho Chi Minh City (USSH -VNUHCM), Vietnam	08/2025–Present
Lecturer. Hoa Sen University, Vietnam	03–08/2025
Mental Health Supervisor. Private Practice, Vietnam	2024–Present
Psychotherapist and Supervisor. Saigon Psychub, Vietnam	2022–Present
Designated MFT Supervisor. Couples and Family Therapy Center (SU). USA	2022–2023
Adjunct Instructor, Teaching & Research Assistant Department of Marriage and Family Therapy, SU, USA	2021–05/2025
MFT Therapist. Vera House Inc. & Syracuse Community Connections	2020–2021
MFT Therapist. Couple and Family Therapy Center (SU), USA	2019–2023
Adjunct Instructor Van Hien University, USSH-VNUHCM, Hoa Sen University, Vietnam	2017–2019
Teaching Assistant. Université Catholique de Louvain (Belgium), Vietnam	2017–2019
Psychological Consultant and Supervisor. Human Dynamics, Vietnam	2016–2019
Psychotherapist. Private Practice, Vietnam	2014–Present
Clinical Supervisor. Compassionate School for Urban Immigrant Children, Vietnam	2014–2015
Sexual Health Counselor cum. Senior Officer. CARMAH, Vietnam	2012–2016

TEACHING EXPERIENCES

Instructor of Record

Master's level course

Introduction to Family Therapy 2024–Present

University of Social Sciences and Humanities, Vietnam

MFT 671: Introduction to Family Systems 2023

Syracuse University, USA

Undergraduate-level course

PSY302DE01: Theories of Counseling & Psychotherapy

PSY404DE01: Cognitive-Behavioral Therapy II**PSY407DE01: Mindfulness in Psychotherapy**

2025

*Hoa Sen University, Vietnam***Stress and Coping**

2019

*Van Hien University, Vietnam***Human Sexuality (Undergraduate level course)**

2017, 2018, 2019

*Van Hien University & University of Social Sciences and Humanities, Vietnam****Graduate Teaching Assistant*****MFT 682: Marriage and Family Therapy Theory and Techniques**

Spring 2023

Syracuse University, USA

- Taught Contextual Family Therapy, Object-Relations Family Therapy, and Cognitive-Behavioral Family Therapy
- Facilitated classroom learning activities
- Graded all assignments and exams

MFT 671: Introduction to Family Systems

Fall 2021

Syracuse University, USA

- Taught History of Family Therapy, Family Life Cycle, Foundational Concepts in Family Therapy, and Strategic Family Therapy
- Facilitated classroom learning activities
- Graded all assignments and exams

Guest lectures**Sand tray: Healing through Symbolic Creativity**

Spring 2023

*MFT 760: Practicum, Instructor: Tyler Sliker. Syracuse University, USA***Contextual Family Therapy**

Spring 2023

*MFT 625: Family Systems and Therapy, Instructor: Tyler Sliker. Syracuse University, USA***Introduction to Systemic Therapy**

Summer 2022

*Theories of Counseling and Psychotherapy, Instructor: Vo Nhat Huy. USSH-VNUHCM, Vietnam***Sand tray: Healing through Symbolic Creativity**

Spring 2020

MFT 760: Practicum, Instructor: Dr. Tracey Riechert-Schimpff. Syracuse University, USA

PUBLICATION

Published

- Le, K.,** Walker, D., Su, Z., Cochren-Albright, K., Lucena, C., Zhao, J., Gangamma, R. (2025). Associations Between Relational Ethics With Parental Marital Quality and Family Adversity in Family of Origin. *Journal of Marital and Family Therapy*. DOI:10.1111/jmft.70105
- Gangamma, R., & **Le, K.** (2025). Queer-Contextualized Contextual Family Therapy. In Hartwell E. & Erica L. (Eds.). *Queer-Contextualized Family Therapy: Radically Inclusive Clinical Theory and Practice*. Routledge.
- Tadros, E., **Le, K.**, & Gregorash, L. (2024). The Impact of Relationship Quality on Couples with an Incarcerated Partner with Co-Occurring Mental Health and Substance Use Issues. *Substance Use: Research and Treatment*. <https://doi-org.libezproxy2.syr.edu/10.1177/29768357241284097>
- Tadros, E., & **Le, K.** (2024). The Mediating Effects of Extended Family Support and Relationship Change on Romantic Bonding and Support in Romantic Relationship Among Incarcerated Men. *Victims and Offenders*. <https://doi.org/10.1080/15564886.2023.2301307>
- Nguyen, T.-M., Nguyen, N. D. T., Vo, A.-T., **Le, K.**, Nguyen, A.-H., & Nguyen, M.-C. (2024). The mediation model of social status on the link between parental attachment, aggressive behavior, and psychological well-being: Evidence from two studies in Vietnamese adolescents and young adults. *Family Process*, 00, 1–23. <https://doi-org.libezproxy2.syr.edu/10.1111/famp.13035>

Under Review/In Press

- Le, K.**, Gangamma, R., & Newstrom, N. (under review). Perceived Homophobia and Intersectional Discomforts in Bisexual Individuals of Color. *Journal of Bisexuality*.
- Le, K.**, Tang, Y., Newstrom, N. (in preparation). Pathways from Experiences of Unfairness to Psychological Distress and Relationship Satisfaction.

RESEARCH EXPERIENCE

Research Assistant, MFT Program, Syracuse University. 2023-2025

Mobilizing Evidence Into Tertiary Prevention of Child Sexual Abuse: A Pilot Study, funded through the Eunice Kennedy Shriver National Institute of Child Health and Human Development

- Assisted with administrative tasks and developed research surveys under Dr. Nicholas Newstrom.

Graduate Research Assistant, MFT Program, Syracuse University. 2021-2025

- Monitored a data-cleaning project, wrote data management protocols, and developed research proposals under Dr. Nicholas Newstrom.
- Assisted with research administrative tasks (e.g., IRB approval renewal) under Dr. Deb Coolhart.
- Developed research proposals and presentations under Dr. Rashmi Gangamma.

Officer, CARMAH, Vietnam. 2013-2016

US National Institute on Drug Abuse grants (T32DA013911, PI: Dr. Flanigan; R01DA033673, PI: Dr. Goldsamt) and US National Institute of Mental Health grant (MH083620, PI: Dr. Flanigan)

- Recruited male sex workers, transgender males and females, and men who have sex with men
- Conducted individual and focus-group interviews
- Managed and monitored research data
- Developed data reports and presentations
- On-boarded new staff

PEER-REVIEWED PRESENTATIONS

Gangamma, R. & Le, K. (2024, June). *Community Sense and Religiosity in Bisexuals of Color*. 2024 American Family Therapy Academy Annual Meeting (USA).

Le, K. & Tadros, E. (2024, March). *The mediating effects of family support and relationship change on bonding in incarcerated mens' relationships*. 2024 Academy of 61st Criminal Justice Sciences Annual Meeting (USA).

Le, K., Cochren-Albright, K., & Zhao, J. (2023, November). *Familial and Social Unfairness with Psychological Distress in Clients Seeking Therapeutic Services*. The 2023 National Council on Family Relations Annual Conference (USA).

Le, K. (2023, May). *An Application of Contextual Therapy to Work with a Gender Nonconforming Couple with Dissociative Identity Disorder*. The International Conference on Contextual Therapy 2023 (USA).

Gangamma, R., Su, Z., Le, K., & Lucena, C. (2022, November). *A scoping review of resilience factors in sexual and gender minority migrants in North America*. The 2022 National Council on Family Relations Annual Conference (USA).

Le, K. (2022, September) *Predictors of Sexual Outness Among Bisexual Individuals of Color in the United States*. The Online 2022 Southeast Asian Mental Health Conference.

Le, K. (2021, June). *The Associations between the Experiences of Relational Injustices and Psychological Distress in People with Marginalized Sexual Orientation and Gender Identities*. Poster presented at QTAN's First Virtual Conference (USA).

TRAINING WORKSHOPS

Le, K. (2025, February). *Couples Therapy Foundation*. CERM Education Services, Vietnam.

Le, K. (2024, November). *Individual and Dyadic Stress in Couples*. CERM Education Services, Vietnam.

Le, K. (2024, October). *Couples Therapy Foundation*. CERM Education Services, Vietnam.

Le, K. (2023, April). *Clinical Consultation for Online MFT Graduate Students*. Syracuse University.

Le, K. (2023, April). *Sand tray: Healing through Symbolic Creativity*. Syracuse University.

Le, K. (2022, August). *Family Therapy: Theories and Conceptualization*. CERM, Vietnam.

Le, K. (2022, March). *Applying Human Sexuality Knowledge in School Counseling*. CERM, Vietnam.

- Le, K. (2021, September). *Implementations of Family Therapy in School Counseling*. CERM, Vietnam.
- Le, K. (2021, February). *Clinical Consultation for Online MFT Graduate Students*. Syracuse University.
- Le, K. (2020). *Family Therapy: Conceptualization and Interventions*. CERM, Vietnam.
- Le, K. (2019, May). *Applying Cognitive-Behavioral Therapy in Stress Management*. TSC Center, Vietnam.
- Le, K. (2019, May). *Cognitive-Behavioral Therapy*. Human Dynamic, Vietnam.
- Le, K. (2018, May). *Nurturing Resilience in the Workplace*. Human Dynamic, Vietnam.

PUBLIC ENGAGEMENT

- Le, K. (2024, January), *Coping Together as a Couple*. “Co Hieu Co Thuong” Symposium, Vietnam.
- Le, K. (2022, December), *Family and Community Supports for LGBTQ+ Youth*. “Co Hieu Co Thuong.”
- Le, K. (2022, December), *Emotional Regulations in Couple Relationships*. “Co Hieu Co Thuong.”
- Le, K. (2021, January), *Complex Trauma from a Systemic Perspective*. “Co Hieu Co Thuong.”
- Le, K. (2019, June), *Fulbright Scholarship Info Session*. Panel discussion at Can Tho University, Vietnam.

PROFESSIONAL ACTIVITIES

Administrative and leadership

Supervising 6 master’s theses	2025
Supervised 29 undergraduate students’ theses, research projects, and internships	2025
Served on 21 undergraduate students’ thesis committee and research projects	2025
Work on ASEAN University Network-Quality Assurance (AUN) Accreditation of the Psychology Program (HSU)	April-August 2025
Academic Advisor (HSU, USSH-VNUHCM)	2025-Present
Student Climate Forum Coordinator (SU)	2021–2023
Wrote a successful letter of recommendation for a student’s Ph.D. application to the University of Minnesota	2023

Manuscript review

Journal of Bisexuality	2023–Present
The International Conference on Contextual Therapy	2023
The National Council on Family Relations Annual Conference	2022, 2023

Continuing Education

The DID Dilemma: Deny, Dismiss, Defer, Debunk, and Discredit, Or Discover, Diagnose, Endure, and Address	February 2023
<i>International Psychoanalysis Institute, DC, USA</i>	
Contextual Family Therapy	09/2022–05/2023
<i>Family and Play Therapy Center, PA, USA</i>	
Be Thoughtful and Act: Confronting Systemic Racisms	
Inside and Outside Our Minds	10/2021
<i>International Psychoanalysis Institute, DC, USA</i>	
Building Collaboration between Spoken Language Interpreters and Psychotherapists	09/2020
<i>Syracuse University, NY, USA</i>	
Basic in Art Therapy	02/2018
<i>The University of Social Sciences and Humanities, Vietnam</i>	
Administrating, Scoring, and Interpreting Test Rorschach	09/2019
<i>Ecole de Psychologues Practiciens (France), Vietnam</i>	

Professional Affiliations

The National Council of Family Relations, Member	2022–2023
Asian American Psychological Association, Member	2020–2023
The American Association of Marriage and Family Therapy, Member	2019–Present
Vietnamese Association of Psychology and Education (VAPE), Member	2018–2022

AWARDS AND SCHOLARSHIPS

Dissertation Grant, Foundation for the Contemporary Family (\$3,599)	2025
Goekjian/East Asia Program Research Grant Award, SU (\$2,000)	2024
Pre-Dissertation Summer Fellowship, SU (\$4,500)	2023
Anibal Torres & Isabelle Wilczewski Award, SU (\$1,500)	2023
Fulbright Foreign Student Scholarship	2019–2021